

Newmarket HS Parents

welcomes [YouthSpeak Charity](#), for an engaging in-person session to support our well-being & equity initiatives within our school community.

Program:

Online Issues

Parents will:



1

Be **inspired** by personal stories of trained youth speakers

2

Increase **understanding** of issues related to bullying and cyberbullying

3

Learn **strategies** for how to support youth

4

Gain information on **resources**

YouthSpeak Charity is [dedicated to youth mental health and well-being](#). In **20 years**, we have reached over **350,000 youth & caring adults** through **3250+ speaking events** throughout Ontario.

YouthSpeak's vision is for all youth to be inspired and empowered to live resilient and meaningful lives.